# Shri Binzani City College

### Umrer Road, Nagpur

# **Annual Gender Sensitization Plan**

# 2023-24

# (Criterion VII)

Month	Date/ Week	Topic	Speaker	Dept. /Cell
August	2 nd Week of Aug. 2023	One Week workshop of Yoga for Girls	Activity - Dr. PallaviRajankar	Sanskrit
August	3rd week of Aug. 2023	Self Defence Workshop	Dr. Jhakir Khan, Director, Anjuman College of Engineering, Nagpur	Lifelong Learning & Extension Cell & English
August	23rd Aug 2023	Awareness about Cancer Disease and the role of Girls in National Building	Dr. Rekha Sapkal Rtd. Medical Officer Nagpur & Kalyani Punde, Vishvamangalua Chatrasabha Nagpur	Student Walfare Committee
September	1st Week of Sep. 2023	Drama on Adult abuse Awareness	Activity	Psychology
September	3 <sup>rd</sup> Week of Sep. 2023	Garba Competition	Activity	BCCA
September	21st Sep. 2023	Adult abuse Awareness Rally	Activity	NSS

Date of Creation	25.7.2024
Created By	Dr. Narendra V Raghatate

(uppellet



Principal Dr. SijitMetre S B City College Nagpur

#### SHRI BINZANI CITY COLLEGE, Umrer road, Nagpur

#### Activity Report 2022-23 SANSKRIT DEPARTMENT

	0.0000000000000000000000000000000000000	THE ACTIVITY YOGA WORKSHOP	
DATE	FACULTY	DEPARTMENT /COMMITTEE	COORDINATOR NAME
7 <sup>th</sup> August 2023 lo 12 <sup>th</sup> August 2023	Sanskrit	Sanskrit	Dr. Pallavi Rajankar Mr. Anup Sayre
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE : OUTDOOR/INDOOR
10.30 a.m. to 11,30 am.	College Hall	50 33 Girls 4 17 Boys	INDOOR
SUPPORT/ASSISTANCE (Name)	Dej	Dr. Sanjay Choudhari partment of Sports & Physical	Education

### BRIEF INFORMATION ABOUT THE ACTIVITY .

TOPIC/SUBJECTOF THE ACTIVITY	ONE WEEK YOGA WORKSHOP
OBJECTIVES	<ul> <li>To reduce spondalisis</li> <li>To reduce Cholesterol/Fat</li> <li>To reduce Stress</li> <li>To reduce PCOD problem</li> <li>To reduce Thyroid problem</li> <li>To decrease blood pressure</li> <li>To Normalize weight &amp; Better health</li> </ul>
METHODOLOGY	To practice mental hygiene     1) Expert session followed by Q/A     2) Fun filled activity based learning     3) Experiancial Learning through visit     4) Field Work     5) Practical/ On the job training     6) Competition /Event Organization     7) Workshop     8) Other
OUTCOMES	<ul> <li>a) Onler</li> <li>The Students are able to -</li> <li>1) Understand the importance of Yoga.</li> <li>2) Improve Physical and Mental Health.</li> <li>3) Enhance Memory and have Effective Brain Development</li> </ul>



## PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1.Notice and letters ✓	<ol> <li>Students list of participation </li> </ol>	3.Activity report ✓	4.Photos	5.Feedback form	6.Feedback analysis
7.News elip with details 🗸	8. Certificate	9. Press Report	10. Any other		

#### IQAC CELL ACTIVITY NO-

t) 🕞

.....

NAME OF THE HEAD/TEACHER	NAME OF THE DEPARTMENT	IQAC COORDINATOR SIGN/SEAL	PRINCIPAL SIGNATURE
Dr. Pallavi Rajankar	Sanskrit	Co-Ordinator	De Caty COL
		S.B. City College, Nagpur	Principal

Nagpur.



### Shri Binzani City College, Nagpur

### (Department of Sanskrit)

#### Report On

### One Week Yoga Workshop "

A " One Week Yoga Workshop " was held by Department of Sanskrit in collaboration with Department of Sports & Physical Education from 7 August to 12 August 2023.

College : Shri Binzani City College, Nagpur

Event : One Week Yoga Workshop

Date : 7 August to 12 August 2023

Time : 10.30 a.m. to 11.30 a.m.

Venue : College Hall

Aims & Objective :- Enables the students :

- To Reduce Spondalesis
- 2. To Reduce Cholestrol / Fat
- 3. To Reduce Stress
- 4. To Reduce PCOD problem
- 5. To Reduce Thyroid Problem
- 6. To Decrease blood pressure
- 7. To Normalize Weight & Better health
- To practice mental hygiene.

Process : One Week yoga Workshop was organised with the consent of Hon'ble Principal Dr. Sujit Metre. The Workshop was inaugurated by Vice-Principal & IQAC Coordinator Dr. Sandeep Tundulwar & Mrs. Kalpana Mishra, Dept. of Sports & Physical Education & Dept. of Sanskrit Dr. Pallavi Rajankar & Mr. Anup Sayre on 7th Aug 2023 at 10.30 a.m.

Daily workshop began with warm up for the first 20 min following with Aerobics, Zumba, Musical Yoga Dance for next 20 min. Finally the workshop ended with 10 min of Thighs, Crunches, Pranayama, Meditation & Omkar. This workshop took place on 7th, 8th, 9th, 10th, 11th & 12th August for students of B.A., B.Com, BBA, BCCA.

Workshop was concluded with Valedictory Function on 12 August 2023 at 11 o'clock in the presence of students of B.B.A., B.C.C.A., B.Com., B.A. & teacher staff. Chief Guest of Valedictory Function, Prof. Madhusudan



Penna, Director, Abhinav Bharati Waranga Campus, KKSU, Ramtek gave his motivational speech to students while President Dr. Sujit Metre inspired students to lead a better future. Some students shared their experience about the workshop. The Certificates of Yoga Workshop was distributed by Prof. Madhusudan Penna , Dr. Sujit Metre & Dr. Sanjay Choudhari. Introductory Remark was given by Dr. Pallavi Rajankar and Guest Introduction was given by Mr. Anup Sayare, B.A. Second Year Student Aastha Sontakke compered the ovation programme while B.A. First Year Student Sonika Bhure proposed the vote of thanks.

.. .

Conclusion : Daily Yoga reduces spondylosis, cholesterol, fats, Stress, PCOD problems, Thyroid Problem etc. Even doing a 30 min Meditation and Pranayama daily increases oxygen level which help us to protect from any diseases. Yoga helps reduce back pain relief & helps to sleep better.

Total No. of Participant : 50 Students



# One Week Yoga Workshop

श्री विंझाणी नगर महाविद्यालयातील "संस्कृत विभाग तथा क्रीडा व शारीरिक शिक्षण विभाग यांच्या संयुक्त विद्यमाने " महाविद्यालयीन सर्व विद्यार्थ्यांकरिता One Week Yoga Workshop " चे आयोजन करण्यात आलेले आहे. दिनांक 7 ते 12 ऑगस्ट 2023 या दिवशी रोज सकाळी 10:30 ते 11:30 या वेळेस महाविद्यालयातील सभागुहामध्ये हा वर्कशॉप घेण्यात येणार आहे.

त्यामध्ये Zumba, Aerobics, Musical Yoga Dance, Meditation इत्यादी अनेक व्यायामांचे प्रशिक्षण देण्यात येणार आहे, तरीही सर्व विद्यार्थ्यांनी या कार्यक्रमात खालील रजिस्ट्रेशन फॉर्म भरून लवकरात लवकर आपली नोंदणी करून घ्यावी.

Registration link:

https://forms.glc/hbd2ZrD7VoxtHkp39

Topic : " One Week Yoga Workshop "

Schedule : 7 to 12 August 2023, Morning 10:30 to 11:30

Please Join this WhatsApp group :

https://chat.whatsapp.com/I6KIRxSVtn1CVcMgyhjgZ5

**Regards**:

Dr. Sujit Metre, Principal

S.B. City College, Nagpur

Convener :

Dr. Sanjay Choudhari (Dept. of Sports & Physical Education)

Dr. Pallavi Rajankar (Dept. of Sanskrit, Yoga Trainer)

Mr. Anup Sayre (Dept.of Sanskrit)

Vaibhav Shrirame (Yoga Trainer)



# SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

# One Week Yoga Workshop 2023-2024

# Notice

All the Students are hereby informed that the program "One Week Yoga Workshop" has been organized in collaboration with Department of Sanskrit and Department of Sports and Physical Education from 7 August 2023 to 12 August 2023 for the development of Physical and Mental Health. All Faculty members and students are invited for this program.

Thanking You

٠.

Date: 7 August 2023 to 12 August 2023 Time: Morning 10.30 to 11.30 Venue: College Hall

Dr. Sujit Metre Principal Shri Binzani City College, Nagpur



To, Principal S.B. City College, Nagpur

#### Subject : Regarding permission for conducting " One Week Yoga Workshop"

Respected Sir.

We seek your permission to organise \* One Week Yoga Workshop" for all students from 7 August 2023 to 12 August 2023 at 10 a.m. to 11 a.m. in College Hall. Please accord us permission for the same & obligue.

Thanking You

Date: 02-08-2023

Dr. Sanjay Choudhari ( Dept. of Sports & Physical Education )

- Theyander

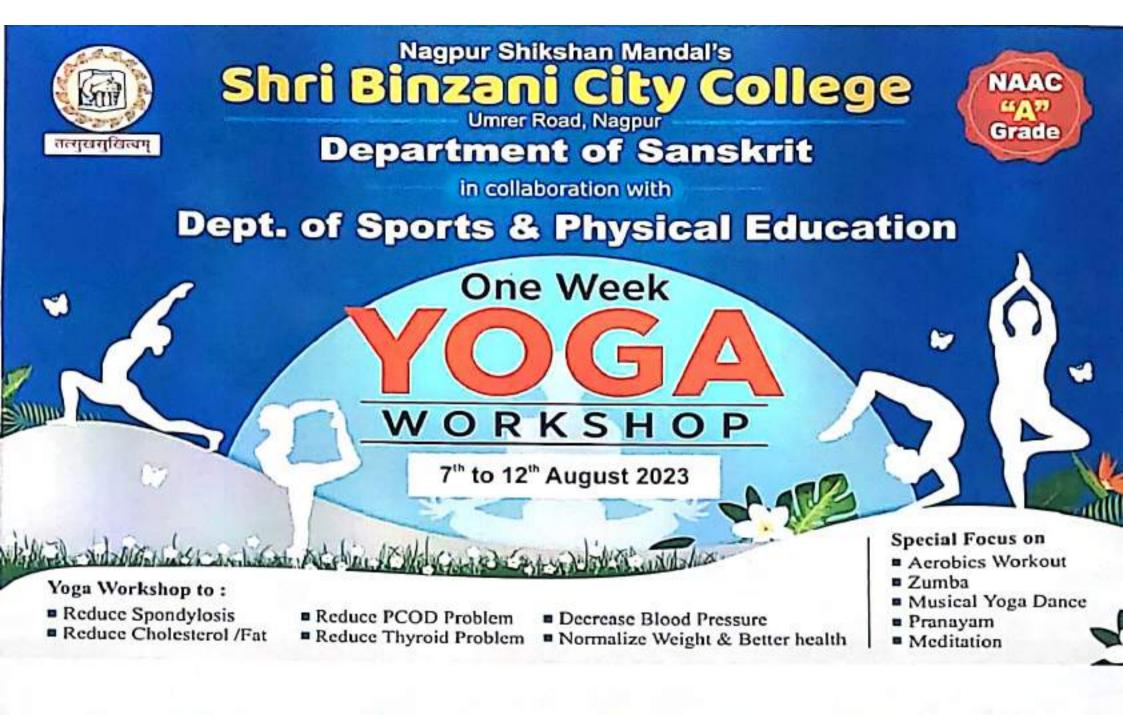
Dr. Pallavi Rajankar (Dept. of Sanskrit)

Mr. Anup Sayre (Dept of Sanskrit)

बेनर - 400 /-सारिभिकेट(10) - 300 /-त्रल्पोप्सर - 1000 /-- 400 /-1501-次月町 - 2250 /-

Priza Madam M. do the need ful Del





# **Inauguration Programme**









# **Yoga Workshop & Inaugration Function**





Re-Accredited by NAAC'A' (CGPA 3.01)

Nagpur Shikshan Mandal's

Ref.:

SHRI BINZANI CITY COLLEGE श्री बिंझाणी नगर महाविद्यालय

Umrer Road, Near Sakkardara, Nagpur-440 024

Shri Mohit Shah President +919373985046

Secretary +91 9850335118

Adv. Rajeev Deo Dr. Sujit G. Metre Principal +91 9822714241

Date: | 4.08.2023

### श्री बिंझाणी नगर महाविद्यालयात योग कार्यशाळेचे आयोजन

श्री बिंझाणी नगर महाविद्यालय, उमरेड रोड येथे प्राचार्य डॉ. सुचित मेत्रे यांच्या अनुमतीने M.O.U. अंतर्गत क्रीडा व शारीरिक शिक्षण आणि संस्कृत विभागाच्या संयुक्त विद्यमाने नुकतेच महाविद्यालयातील बी.ए., बी.कॉम, बी.बी.ए. व बी. सी. सी. ए. च्या सर्वं विद्यार्थ्यांकरीता दि. ७ ऑगस्ट ते १२ ऑगस्ट दरम्यान योग कार्यशाळेचे आयोजन करण्यात आले. यादरम्यान ॲरोबिक्स, संगीत योग नृत्व, प्राणायाम आणि ध्यान आदींवर मार्गदर्शन करण्यात आले. या कार्यशाळेमुळे स्पॉन्डिलिसिस कमी करणे, कोलेस्टेरॉल, रक्तदाब, चरबी व तणाव नियंत्रित करणे, पी.सी.ओ.डी. संबंधी, धायरॉईड संबंधी समस्या नष्ट करणे आणि संतुलित जीवनासाठी आवश्यक असलेले वजन सामान्य करणे यासंबंधी डॉ. पल्लवी राजनकर व वैभव श्रीरामे यांच्याकडून योग्य दिशानिर्देश करण्यात आले.

या कार्यशाळेच्या उद्घाटनप्रसंगी अध्यक्ष रूपात उपप्राचार्य व IQAC समन्वयक डॉ. संदिप तुंडूरवार तर प्रमुख अतिथी म्हणून क्रिडा विभागातील सी. कल्पना मिश्रा उपस्थित होते. कार्यशाळेच्या समारोप सोहळ्याप्रसंगी कविकलगरू कालिदास विश्वविद्यालयातील दर्शन विभागप्रमुख प्रोफेसर डॉ. मधुसुदन पेन्ना यांनी प्रमुख अतिधींचे स्थान भषविले असन त्यांनी 'योगविज्ञान' या विषयावर योगाद्वारे विद्यार्थ्यांना आपला सर्वांगीण विकास कसा सापता येईल यावर उत्कृष्ट मार्गदर्शन प्रस्तापित केले. याप्रसंगी प्राचार्य डॉ. सुजित मेत्रे यांनी अध्यक्षांचे स्थान भूपविले तर क्रीडा विभाग प्रमुख डॉ. संजय चौधरी यांनी कार्यक्रमाची मुख्य भूमिका बजावली.

कार्यक्रमाच्या अंती योगकार्यशाळेत नियमित उपस्थित राहणा-या विद्यार्थ्यांना मान्यवरांच्या हस्ते प्रमाणपत्र वितरीत करण्यात आले. सुभाष भुजाडे व सोनिका भुरे या विद्यार्थ्याद्वारे योगकार्यशाळेचे अनुभवकथन करण्यात आले. कार्यक्रमाचे प्रास्तविक व अतिधीगणांचे स्वागत डॉ. पल्लवी राजनकर तर अतिधीपरिचय श्री. अनुप सायरे यांनी केले. कार्यक्रम यशस्वीपणे पार पाडण्यास डॉ. संदिप तुंडूरवार व डॉ. राजेश अलोगे यांचे मोलाचे सहकार्य लाभले. याप्रसंगी डॉ. नरेंद्र घरत, डॉ. प्रांजली काणे, डॉ. नरेंद्र रघटाटे, डॉ. श्रीकांत शॅंडे, डॉ. श्रीराम फरताडे, डॉ. भास्कर वापाडे, डॉ. अल्का कोल्हे, प्रा.आम्रपाली मोडक यांची उपस्थिती लाभली, तसेच शिक्षक व शिक्षकेतर कर्मचारी वृंदांचे मोलाचे सहकार्य लाभले, कार्यक्रमाचे संचालन आस्था सोनटक्के व आभारप्रदर्शन सोनिका भुरे या विद्यार्थीनींनी केले. ही योग कार्यशाला सर्व विद्यार्थ्यांकरीता उत्साहवर्धक ठरली.



Principal 5. B. City College NAGPUR.





# Shri Binzani City College, Nagpur One Week Yoga Workshop 2023-24

# Dept. of Sanskrit in collaboration with Dept. of Sports and Physical Education

Sr No	Student Name	Class	Mobile No	7/08/2023	8/08/2023	9/08/2023
1	seema M. Dhueve	B.A 2nd you	3284213573	Pohrexe	Pohueve	Baheve
2	Jyolsana G. Kasatre		8999416925		Jyotsama	Jubisana.
3	Sayali P. Tekade		9767984060		Pickace	Strade
4	Samiksha S. Dhande	and the second sec	9763040485	(Rade:	Bade'	Bale:
5	Kavida M. shahu	the second se	1356774352	Karita	Ravida	Ravita
6	Sonika ct. Bhure	BAJ Year	7768815456	Septer	BANZE	Spure
7	Durga S. Dayare		935993098		Rurga Doyane	Dunga Dayare
8	Roshani K. Bernarkar		9172831597			Berrykar
9	payal R Kothekae		8262 811 439	Payal	Byar	Ruge
10	Testasui R. Crossmute	BAIyear	9604309479	anghete	Catchute	Trasphate
11	Khushi S. Kalhatkat	BAI year	9579273684	Chushi	Whult!	Church
12	Aastha A. Sontakke	2nd B.A.	8856915867	Hantakks	Hontakks	Hortakles
13	Bheet & Shivenkere		969992.5863	Bhast		-
14	mory M Sherelie	B.A. 2nd Yr	4322435629	me	Det	an
15	Anisha J - Neule	DOM STATES	9511620941	Quista	Arisha	Arisha
16	Runu 5 Dhotre	B.A 200 17	9370613071	Rein:	Recent	Par
17	Sneha .L. Baharine	B. com 1st yr.	4058332604	Dreha		· ·

 $\mathbb{U}$ 



# Shri Binzani City College, Nagpur One Week Yoga Workshop 2023-24 Dept. of Sanskrit in collaboration with Dept. of Sports and Physical Education

Sr No	Student Name	Class	Mobile No	7/08/2023	8/08/2023	9/08/2023
18	priyanka yadav	B.Comty.a	9130272140		psiyonka	pedyanta
19	Tanushree kaware	B. comiyy	The second s	Barry	Bany	Dany
20	Kanishka in kane	B. comiyy	9518942263	Kanislau	Rowthe	Romation
21	Bragali Rukture	B. comiyy		authore-	Dehans.	Dehane
22	Shivani chaturvedi	0	7058875281	shivani	Einovide	Shi Uoni
23	Frupti Khobragade	B com lyr.	7058318921	tourti		
24	Jaswanti O. Nagpure	BCOMIYE	9158173949	J. Nagpure	J. Nagpure	J. Nagpure
25	Tanu Bhende	B. ComJyer	3764549505	DuBhende	Dushende	ON shende
26	Ruchika, Sawsakade	B. Com Lycar		Re-	Race	Ø
27	Dund Rapalbahen D.	The second s	7709082991	april	Romel	Doud
28	Husna Ali Asgon Khan		6200262485	OK10-	0	Offer
29	Megha D. Ghavyhave	J	7057708632	Marha	Derha	Regha
30_	Sayali P. Tekade		9767984060		fekade.	
×31	Jaswanti D. Nagpure	5	9158173949		J. Nggpuze	
32	Phushka D. Sonwane.	- 0	7721009816	Bonwane.	Alonwate.	Asmoane.
33	Karishma R. Rallt		8669470363	0.1	Honwane.	Deaut
\$34	Bushivan. P. Wey		8393036137	dis	Burn	Aures



# Shri Binzani City College, Nagpur One Week Yoga Workshop 2023-24 Dept. of Sanskrit in collaboration with Dept. of Sports and Physical Education

Sr No	Student Name	Class	Mobile No	10/08/2023	11/08/2023	12/08/2023
1	Thantanu Jambhule	BBAINdy	9590460448	Tomas A	and the	
2	banav . M. Bilen	BCCAL YEAR	9360327887	25	A	
3	shashank . G. Dal	BECH I YEAN	8624811128	stuke	Structure	
4	Enfil N. Crawande		7796550412	Sertil	Bahi	
	Devendra, S. Afit	BALST	9370341229	peu-	sper	
6	Tannay R. Kahate	In the Difference of the Arrange of	73049 43007	the -		
7	shlok D. Jete	B. Gom II Kul	7385522063			
8	Sybhash. N. Rhyjade	B.A. III que	7558312 Por.	f.N. Ronjack	S.N. Physics	
9	Piyush v. Parchate	B.A. II Year	7666431524	Diyush		
10	Jayant . S. Warshine	B.AII your	7666966765	Dayat	Daynt	
117	Ranu & Ohotee	B.A.TI YEar	9570613071	Romes.	Agro	
12 %	Monu M Shenclize	and the second se	9322435629	Mra	ma	
	Sayali P. Tekacle		9767984060-	- /	Herede	
140	Seema M. Dhuere	B.AI Myas	9284213573	Bohueve	aphyce	-
15	Ting D. Nandarkan		9021213499			
16	Bhaelis shiventae	RAITA	969992 5 863	Bhadi	Brazil	
17	PAastha A. Sontakke	BA 2nd po	8856915861	Stake	Forkik 18	



# CITY COULER NAGPUR

# Shri Binzani City College, Nagpur One Week Yoga Workshop 2023-24

Dept. of Sanskrit in collaboration with Dept. of Sports and Physical Education

Sr No	Student Name	Class	Mobile No	10/08/2023	11/08/2023	12/08/2023
18_	Sonika Un Bhure	B.AL YEar	1768815456	Appure	Bhure-	
19	Fousui R. crueghube		9804309479		Deatsfunde -	
	Karita M. shahu		9356774352	1991	acavita	
21	komal.B. Mahalgave		7249856561			
22	Jyotsana Gr-kosare		8998416925		Typtsona	
	Houski S. Kolhallal		9579773884		- Alughi	÷
24	Devendor S. Ayit		9370341529		Der	
25	OM . U. Kapse		9284296299		Jala	
26	Anand N. Kympe	0, Com 131	The second s	Ahand-kumps	Kinand kumpe	
27	Pulosa phasely	17.10m 1st	7201423064	A STATE OF THE STA	alore	
	Sheikh Zeeshon Sheikh Arif	B. Com 1st	9552022496	0	Heyhan.	
29	Kridhoa Kant . In. Bhagal	BOCA 131	8453556699	pelliget	-pollago)	
30	Mithilesh P. Sakkerber	B.C.CA.IST	8999213207	Carlebola	Ballala	
31	Monthan. K. Wang vi	B.C.C.A1ST	9370748218		Hauthomes	
32	Nishort D. Sowallow	B.C.C.A "+	5767592877	Dwerkar	Amerikas	
33	Sunger A. ulasmith	B.CCA (St	1082220108		M. Ryozala	
34			9511620941	Arisha	Phisha	tee
30	Panisha Danke P	p2ndyear	7887985613	Tanisha	Tanisha	Principal
(00)	Saraleth mansheth -	B.N.J. Year	8329891189		Saulort	S.B. City College



SHRI BINZANI CITY COLLEGE

Umrer road, Nagpur

# Activity Report 2023-2024

# DEPARTMENT OF ENGLISH & DEPARTMENT OF SPORTS & PHYSICAL EDUCATION

NAME OF THE ACTIVITY	Two Day Sel	f Defense Workshop	
DATE	FACULTY	DEPARTMENT	COORDINATOR NAME
22-08-23 & 23-08-23	Arts and Sports	Life Skills Cell & Sports and Physical Education	Dr Anil Shende, Dr Sanjay Choudhari
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: OUTDOOR/INDOOR
10.30 am to 12.30 noon	College Hall	60 Girls and 35 Boys	Indoor
SUPPORT/ASSISTANCE	Shri Mangesh T	haware	<i>t</i> :

### BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO - VII)

TOPIC/SUBJECTOF THE ACTIVITY	Self Defense Technique and Attitude Building of Defense
OBJECTIVES	<ol> <li>To train girls and boys to defend themselves.</li> <li>To build the attitude and the alertness needed to act in times of emergency.</li> <li>To focus uponthe importance of regular exercises in defending oneself.</li> </ol>
METHODOLOGY	Two Training Sessions for Girls and Boys were organized. Dr Zakir Khan, Director, Anjuman College of Engineering conducted a session for Boys and Mrs Shihan Khan conducted a session for Girls. Sessions had self defense technique, how to be alert in case of emergency and the importance of regular exercises.
OUTCOMES	The students were able to: 1) Demonstrate the karate techniques of self-defense. 2) List the attitudinal changes required to prepare them for defense. 3) State the importance of regular exercises in defending oneself.

#### PROOF & DOCUMENTS ATTACHED:

1.Notice and letters -Y	<ol> <li>Students list of participation - Y</li> </ol>	3.Activity report -Y	4. Photos -Y	5.Feedback form	6.Feedback analysis
7.News clip with details -Y	8. Certificate -Y	9. Any other			

#### IQAC CELL ACTIVITY NO-

NAME OF THE HEADS	NAME OF THE DEPARTMENT	IQAC COORDINATOR SIGN/SEAL	PRINCIPAL SIGNATURE
Dr Anil Shende Dr Sanjay Choudhari	English Sports &Phy Edu	Co-Ordinato	2 Dr (" (NAGPUR)
		S.B. City College, Nagpu	s. B. City College, Nagpur,

# Nagpur Shikshan Mandal's SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur-

# Department of Sports & Physical Education & Life Skills Cell

are Organizing

22<sup>nd</sup> & 23<sup>rd</sup> August 2023 Venue: S. B. City College Hall

WORKSHOP

# Trainers

Shihan Shahwar Khan Black Belt 5 Dan

22<sup>nd</sup> Aug. 2023 For Girls Dr. Zakir S. Khan Director, Phy. Edu., Anjuman College of Engg. & Tech., Nagpur 23<sup>rd</sup> Aug. 2023 For Boys

Dr. Anil Shende Convener S.B. City College, Nagpur Dr. Sanjay Choudhari Organizing Secretary S.B. City College, Nagpur Dr. Sujit Metre Principal S.B. City College, Nagpur

# **Organizing Committee**

Dr. Pranjali Kane, Dr. Rajesh Alone, Prof. Kalpana Mishra

#### **REPORT OF TWO DAYS SELF DEFENSE WORKSHOP**

A Two-Day Self Defense Workshop was organized in the College on 22<sup>nd</sup> Aug & 23<sup>rd</sup> Aug 2023 by the Life Skills Cell of Department of English and Department of Sports and Physical Education under the Gender Equity program. Dr Zakir Khan, Director, Dept of Sports and Physical Education Anjuman College of Engineering, Nagpur, was the Trainer for Boys and Mrs Shihan Shahwar Khan, Karate Trainer was the Trainer for Girls. 60 Girls and 35 Boys participated in the Workshop. Self Defense Techniques, the importance of Yoga and regular exercises was focused upon by the Trainers. They also spoke on the attitude of self-defense and alertness which should be inculcated amongst the students.

Dr Anil Shende, Incharge of Life Skills Cell and HoD (Eng) forwarded the introductory remarks. Dr Sanjay Choudhari, HoD (Sports and Physical Education) proposed a vote of thanks. Dr Pranjali Kane conducted the proceedings. Shri Mangesh Thaware was the technical assistant.





Dr Anil Shende Incharge, Life Skills Cell

Dr Sujit Metre Principal

22 08 23

### Nagpur Shikshan Mandal's SHRI BINZANI CITY COLLEGE Umrer Road, Nagpur

Life Skills Cell & Dept. of Sports & Phy. Edu. LIST OF PARTICIPANTS

S. No	Name of Students	Class	Mob No	Signature
1	Tucipti V. Shende	5. COM (I)	8446283526	Timpli
2	Nutan S. Dhande	B.com(I)	9579381046	Dschuel.
3	Doushti S. Puddotwar	Geom(I)	7666984569	Official doterant.
4	Shravani C. Gunjeway	B.Con(I)	7296226399	Dh
5	shruti N. Wanjari	B. (om (I)	7448262490	Downjavi.
6.	Khuchi S. Kolharkar	BALEryon	3579273884	abulhi
7.	Chetra. S. Sawwashere	B. com III year	9322635443	Chefnes
8 .	Poerna D. Sorkwre	B.com I'you	9158775224	Restine
9.	Krishana Manwani	B. Com "yes	7448153471	Wishna
10	Nandini 1. Desnmuch	BCCAISte	r 7058709587	albestmarkh
11	Arya U. Chichkhede	BUCAT	9112295819	Aoya
12.	Ruchilla.S. chambhare		8459669051	De-
13.	Mahin Sheikh	BLCA-J	7447591258	Mahin
4	Osvashi Ghumde	BOCAJSH	7709512632	Chendo
(1)	shrulikai. V. Maismare	BCCA1	9021716246	Incliky
16)	Sonika ur. Bhyre	B.A Ist yan	7768815456	SBhure
E	Travita m. Shahy		2356774352	Kanida
18]	Ketki B. Katewal	Bants	9370585453	P-
Tet			sagg416925	Tyotsand
20)	Fiza s. sheikh	B.Com 3rd	3579277385	@ Skittb

PSKane

22/08/23.

# Nagpur Shikshan Mandal's SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

Self defense Workshop

### LIST OF PARTICIPANTS

S. No	Name of Students	Class	Mob No	Signature
21	Palak Bhiroj Newore	B.Com jet	89997772072	Remark
22	Soloni H. Dhubse	B.00M 254	9359830315	Sabri
23	Shital . R. Nagose.	B.(0m.19	8177895498.	S.Nagose
4	Ishwards. Mulankar	BBA 1"	9195350939	Douts-
-5	Rachana D. Upseel	BA ISt years	8830618750 7 <b>6</b> 20	Rupred.
26	sejal. R. Khobragade.	BLOMIY	n 8208809123	Sejal 15
27		BALLAR	9604309479	Excerghate
28	Shudi . S. Shindle	B.Com	7709043225	Stird
29	Ketaki A pohane	B.Com	9767225582	Ketak!
30		B. com	88063432.00	Arwari
31	Bragati V. Rukhane	Contraction and the second	8788862798	Dehone
32	Rohini N. brate	B.COMTT	8356063593	Rat
33	Readi S. Rahangolale.	B.comIT	9356857841	A S. pahangla
34	Aarti P. Shaha	B. P.T	9307195052	Aarti
35	Upreshusei. Gr. Bhure	B. Coman	9021077844	4:Bhure
36	Vandna . R. Rajwelewe	B.Com TIL	8975508472	Ry. Rajuriz
37	Vishakha, s. Massam	B.A.T	9146933796	Maria
38	Lakshmi J. Parteki	0	8262858167	
39	Minal . S. Sontakke	B.Com I	9021078354	Minet

22 08 23

# Nagpur Shikshan Mandal's SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

Sey defence Norkshop

# LIST OF PARTICIPANTS

S. No	Name of Students	Class	Mob No	Signature
40	Rani K. Uikey	B.com I	9764073629	Ruikey
24.)	1000 to 100 state 0 to 2	BBA I	7499803134	Sclahake
2.		B.A IT	8856915867	Toutables
43		BBAI	7499193780	Tendaly.
14		BBAI	8080755485	Dichel
A		B.com-I	7058318921	Tourt
470	1. 1201 6.10	BAI	9284213573	Sohueve
47)		B.AII	9767984DGD	plokade
48	Porning P. Rakshall.	B.COMIN	9890221259	Corning
49)	Anya uchindalose	B con ITy	7276035332	Arindalas
50	Sneha Shende	-1-	7620317360	8. Shence
51	0	-1-	8446541037	Bonvi
52	· Salaa Sahare	-11-	*	Basaul
53	Madhuri Nande	-11-	9604154819	Redhuri
54	Sintoan Oughta	-1-	7498 392682	Supta.
55		-11-	9325122476	arrita
56		-11-	4028703722	DEY
57		B.com I	8767909101	Achal
58	U U	BCOMI	9158173949	J. Nagpure
59		The second s	9359433122	Banals

Sam

Nagpur Shikshan Mandal's SHRI BINZANI CITY COLLEGE Umrer Road, Nagpur

Self debence

# LIST OF PARTICIPANTS

Date: 23/08/23

S. No	Name of Students	Class	Mob No	Signature
1	Rohit R. Kazikan	B.A.I	9529015677	Rouit R.t.
2	Shavesh P Bansod	BBAI	330 2944504	\$
Ó	Nnjiappa . R. kandeika	BAI	9860040195	Converk.
4	om · v · kapse	B-A-1	9294496899	Qhappe
5	Shuddhadhan J medern	0.000	93561960 85	Shusic
6	Pranay P Dekate	B.com	7249464449	g
7	Yash s. malpe	B.Com	727601886;	- Def
8	chanden Banshpal	BBP	9826186824	chandan
٩	Vikas -B. MeshBam	188AI	9834851860	atto
10	yoyesh R. Sonwane	BUAT	9370279390	y.R.sons
11	provou y. Bansod	BCIAT	8339105685	pero
12	Vensh - P- Bhongade	BBAI	9834694846	Rehonarde
13	RUMAN Y. KHAN	BCCAIL	8605111437	find
14	Albhijeet . K. Shende	BCCAIL	8806001534	Aprijent
ıs	Altamash Khan	BBAT	7821980452	Ais
16	Aditya y- Irainde	BOAT	96 99939730	AB
n	Juned on Sheikh		9326450551	500-
18	Biyanshu lokde	10000 Colle	9356421214	Produ
19	Tejas . A. Rojak	B.CCA	173048980	strias.
20	shashank G. Das		8594811128	Shuth

Nagpur Shikshan Mandal's SHRI BINZANI CITY COLLEGE Umrer Road, Nagpur

	LIST OF	PARTICIP	ANIS	
S. No	Name of Students	Class	Mob No	Signature
21	Nishant P. Sawaskas	B.C.C. A 18	9767592877-	Davalles
22	Shram Rayak	B'C.C.A 1)+	9322775011	shar -
<b>*</b> <sup>3</sup>	Mithilesh Jakhurkas	BECAL	5- 8399213207	Bellen
24	manthan warpord	B.C.CA.	9370748213	Hendha
25	Winnusher . R. pospel	BECK	8010556361	U. A. youpust
25	Mulesh S. Geolam	B.Com	9421475431	Mr. Bycalor
27	Abhisher D. Muster	BCCA	917553836	-Dim-
28	Dileshwar Nagpura	BCCA	2860642715	20-
29	waithan P. Land HE	BAISt	7972299203	Aug
30	path R. Bawankas	B.A	9890487537	Barth
31	Aadiel Beg	Biom	7304-	LA
32	Jawan Rujput	B.com	E809940966	A Sur
33	Agkush Manuadi	Bromil	8265054914	Andre
34	Jay 4. Tekade	B-com.	8261975791	Jay
35	Prathamesh Daharke	BBA.	749830132	
36				
37				
38	4.2			
39				
40				

## LIST OF PARTICIPANTS



Nagpur, Maharashtra, India Umred Rd, Sakkardara Rd, Raghuji Nagar, Nagpur, Maharashtra 440009, India Lat 21.128237° Long 79.110649° 22/08/23 10:51 AM GMT +05:30

GPS Map Camera

SHITE INZANI CITY COLLEGE

Dep. tment of Sports & Physical Education & Life Skills Cell

HINNE

# Self-defence workshop organised by SB City

LOKMAT NEWS NETWORK NAGPUR

The Department of Sports andf Physical Education and Life Skills Cell, SB City College, recently organised twoday Unarmed Self Defence Workshop for boys and Girls at college's Auditorium Hall.

The workshop was inaugurated by principal Dr Sujit Metre.

In-Charge Life Skills Cell Dr Anil Shende and Director, Physical Education Department, SB City College and senate member, RTMNU Dr Sanjay Choudhari were present.

Director, Physical Education, Anjuman College of Engineering and Technology, Dr Zakir Khan, and hihan Shahwar Khan demonstrated during the workshop. Shihan Pankaj Khandagale, Sensei Vrushal, Sempai Manish Barvekar and Sempai Kaushtubh Bisane also demonstrated



Students during self-defence workshop held at SB City College.

during the two-day workshop.Students were guided on how to prevent using palm, elbow, nails, head, teeth, knee, shin, toes, heel (shoe) as weapons for self defence.Dr Chowdhari conducted the programme while Dr Pranjali Kane proposed a vote of thanks.

Nagpur First Page No. 4 Aug 26, 2023 Powered by: erelego.com DIGITATION (ALTAL)



उमरेड रोड : कार्यशाळेत स्वसरंक्षणाचे धडे गिरविताना महाविद्यालयातील विद्यार्थी.

# एस. बी. सिटी कॉलेजमध्ये 'सेल्फ डिफेन्स' वर कार्यशाळा

नागपूर : उमरेड रोडवरील एस.बी.सिटी कॉलेजचा क्रीडा व शारीरिक शिक्षण विभाग आणि लाईफ स्किल सेलच्या वतीने विद्यार्थ्यांसाठी निशस्त्र स्वसरंक्षण (अनआर्म्ड सेल्फ डीफेन्स) या विषयावर नुकतीच कॉलेजमध्ये दोन दिवसीय कार्यशाळा पार पडली. कार्यशाळेचे उद्घाटन प्राचार्य डॉ. सुजित म्हेत्रे यांच्या हस्ते झाले. याप्रसंगी लाइफ स्किल्स सेलचे प्रभारी डॉ. अनिल शेंडे, शारीरिक शिक्षण संचालक डॉ. संजय चौधरी, अंजुमन अभियांत्रिकी व तंत्रज्ञान महाविद्यालयाचे शारीरिक शिक्षण संचालक डॉ. झकीर खान आणि कराटे प्रशिक्षक शाहवर खान उपस्थित होते. पहिल्या सन्नात डॉ. झकीर खान व शाहवर खान उपस्थित होते. पहिल्या सन्नात डॉ. झकीर खान व शाहवर खान यांनी मुलींना निशस्त्र स्वसंरक्षणाविषयी प्रशिक्षण व मार्गदर्शन केले. तर दुसऱ्या सन्नात डॉ. खान, पंकज खंडागळे, वृषल, मनीष बर्वेकर व कौस्तुभ बिसने यांनी मुलांना मार्गदर्शन केले. दैनंदिन आयुष्यात वावरताना समाजकंटकांपासून स्वतःचे स्वसंरक्षण करण्यासाठी तळहात, कोपर, नखे, डोके, दात, गुडघा, नखे, पायाची बोटे, व शस्त्रांचा कसा उपयोग करायचा, याविषयी त्यांनी प्रात्यक्षिक करून दाखविले.

# SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

## Activity Report 2023-24

### STUDENTS' WELFARE DEPARTMENT

NAME OF	THE ACTIVITY THE ROLE OI	CANCER AWARENESS P GIRLS IN NATION BUILD	ROGRAMME &
Date	Faculty	Department / Committee	Coordinator Name
23/08/2023		Students' Welfare Committee	Dr. A. H. Sheikh Dr. Narendra Gharat
Time	Venue	Number of Participations	Nature : Outdoor/Indoor
12.00 Noon	Hall	110	Indoor
Assistance (Name)	Dr. Pallavi Raja	nkar, Shri. Mangesh Thawre	Muoor

# BRIEF INFORAMTION ABOUT THE ACTIVITY (CRITERION NO. VII)

TOPIC / SUBJECT OF THE ACTIVITY	"Awareness about Cancer Disease and The Role of Girls in Nation Building"
OBJECTIVES	1) To Aware Students about Cancer disease.
	2) To inform girls students about their role in Nation Building.
METHODOLOGY	Lecture and Interaction
OUTCOMES	<ol> <li>The students are aware about to overcome a serious disease like cancer.</li> <li>They knew how to take balance diet and nutritious food to</li> </ol>
	cure disease.
	<ol> <li>Girl students knew about their role and contribution in Nation Building.</li> </ol>

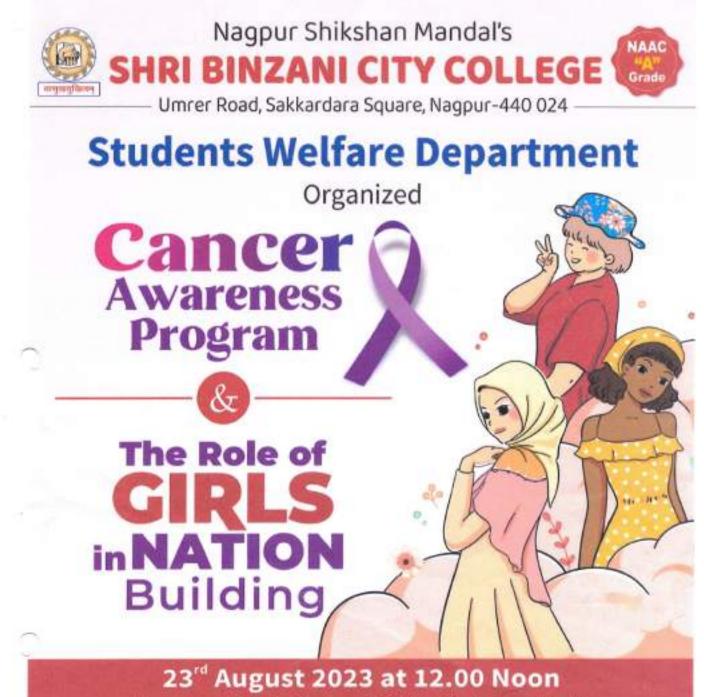
# PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attached):

10. and	Notice letters	11.S P	tudents list of articipation	1.	ctivity	13.Photos	10000	Feed ick form	15. Feedback analysis
clip	News with ails	17.	Certificate		Any ther				unity 515

#### IQAC CELL ACTIVITY NO.

- E3

Dr. A. H. Sheikh Reelling	Dr. N. I. Gharat	STUDENTS' WELFARE DEPARTMENT	Co-Ordinator	Principal S.B. City College
		CITY COLLED	I.Q.A.C. S.B. City College, Nacon	S. B. City College Nagpur.



Venue : Shri Binzani City College Hall

# **Chief Guest**

### Dr. Rekha Sapkal Rtd. Medical Officer Govt. Medical College, Nagpur

### Ku. Kalyani Pande

Vishvmangalya Chhatrasabha Nagpur Mahanagar Sanghatak

Dr. A. H. Sheikh Dr. M. T. Bherwani Organizer S.B. City College, Nagpur Dr. Sandeep Tundurwar Vice Principal & IQAC Coordinator S.B. City College, Nagpur Dr. Sujit Metre Principal S.B. City College, Nagpur

# विद्यार्थी विकास विभाग

# **Students Welfare Department**

### अहवाल (Report)

दिनांक 9 सप्टेंबर 2023 रोजी 'विश्वमांगल्य छात्रसभा' द्वारा आयाजित 'शक्ति संवाद' 2023 या कार्यक्रमासाठी महाविद्यालयातील खालील विद्यार्थींनी सहभाग घेतला.

अ. क्र.	नावे	वर्ग	मोबाईल नं.
1.	कु. आस्था सोनटक्के	B.A. II Year	8856915867
2.	कु. अश्विनी शेंडे	B.A. II Year	8767537274
3.	कुं. भारती शिवणकर	B.A. II Year	969925863
4.	कु. सोनल नन्नावरे	B.A. II Year	9723870996
5.	कु. मुस्कान पंचेश्वर	B.A. II Year	99223189943
6.	कु. पूर्वा जाधव	B.A. III Year	7620381316
7.	कु. समिक्षा जांभूळकर	B.A. III Year	8788356532
8.	कु. दूर्गा दिवटे	B.A. II Year	7218649765
9,	कु. गायत्री मोकलवार	B.A. III Year	
10.	कु. राणु धोतरे	B.A. II Year	9370613071

Dr. A. H. Sheikh Student Welfare Department

### Shri Binzani City College, Nagpur

Organized

### Cancer Awareness Program in Shri Binzani City College

Nagpur, Dt. August 23, 2023

The Student Welfare Cell of Shri Binzani City College organized a Cancer Awareness program and a program on 'Role of Girls in Nation Building'. Retired Medical Officer of Government Medical College, Nagpur, Dr. Rekha Sapkal, Organizer of Vishwamangalya Chhatrasabha, Nagpur Mahanagar, Ms. Kalyani Pandey, Dr. Afroz Sheikh, Head of Department of History and Dr. Sandeep Tundurwar, Head of Student Welfare Committee and Vice Principal of the College were present on the occasion.

Dr. Afroz Sheikh forwarded the introductory remarks. In her speech, Dr. Rekha Sapkal said that girls and women need to take a balanced and nutritious diet to overcome a serious disease like cancer. Regular and proper exercise, pranayama and avoiding stress can curb the menace of most diseases. On this occasion Ms. Kalyani Pandey also expressed her thoughts on the subject of "The Role of Girls in Nation Building".

Ms. Sayali Tekade conducted the program while Ms. Astha Sontakke proposed a vote of thanks.

(Dr. A. H. Sheileh Prof. & HOD History S. B. city college Nagowr,

Nagpur Shikshan Mandal's Total No J Shri Binzani City College Umrer Road, Nagpur

Sr.	at 12:00 Noor		1	1
No.	Name of Professor / Participant	Designation	Mob. No.	Signature
1	Payal R. Kothe Kar	I Year BA	8262811439	Payal
2	Tonisha A. Domire	2 A year	7887985613	Tanisia
3	Russig 5 Judhar	B.A 3 Year	7620381316	Puero
4	Dolly P. Sherele	B. A 2rd year	808059470	Bluckend
5	Jaswanti O. Nggpurc	B. com Ist year	9158173949	J.Nagpure
6	Tanu . V. Bhende	B. comIst Jean	. 91645495¢	Othhank
7	Ruchika, R. Sawsakade	B. Com I year	8788611005	Row
8	Achal S. Waghmase	B. Com 15+ year	876730910	Achal
9	Minal 5. Sontakke	B. com 1st years		Mind
0	Briganka gadow	B-com 1 styces		noryanka
11	Speba Babosilya	And search in the	7058332604	Shoha
2	Muskan Grupta	0	7666517693	Duskoz
3	Durga Diacite	Second Start	7218669765	DRADunto
4	Feipli p. Bawine	B.A. I year	8010633214	TEuplis
5	Tanuja B. BhanaEkaE	174 B.	7447288318	T.B.Rh
8	APeksha Borkan	ITHB	9673134815	Apeksha
7	Khushi Kolhatkar	BA 1 St yang	9579273884	Chught
8	Téjasui Rajy Geneghute	BAT year.	9604309479	4.1
9	Som Sonika UT. Bhure	BAISt year	1168815456	( martin
		BA: 1st year	8999416925	

U.

and 108 parts

Nagpur Shikshan Mandal's

Shri Binzani City College

Umrer Road, Nagpur

	at 12:00	p.m.		
Sr. No.	Name of Professor / Participant	Designation	Mob. No.	Signature
21	Brunita D. Nonattor	B.A - I	814922 1778	Renite
22	Snehal Ge Hiwankov	B-A-I	8550911820	S-Ce-Hirenko
23	Bharti A. Bupine	B.A.I	8767925643	Bhourte
24	Trishna . N. Paraye	11th	7722095185	Thisphe
25	Truph D. Khobragdde	B.com-I	7058318921	Turf
26	Madhumati y, purcaye	A2145 .12"	-93707008d	Partitient.
27	Nillims P. parate.	Arts 12th	72188377 48	· chan
28	0	AUT SI2TH	9145517529	and
29	दिहा जाबुललि नामार	math 12th	777393781	Dirsh
30	Sahana. S. Sheik	12th (B)	9657292290	salpana.
31	Ruchika R. Itanker	12th (B)	8975875642	Fuchik
32	Monali v. Bhende	12th (B)	-8459694570	Manali
33	Asnieta . R. Paul	12th (B)	7751913894	Amilda
34	Devika S. Chatwekar.	uth (R)	7057582.875	Devike
35	saloni s. Mohane	11th (A)	9890178580	saloni
36	Brichang P. Sadmek	Q.A-I	7588682896	Badmek
37	Vishakha .S. Masroom	B-AI	9146931796	Donasting
38	Ragini . m. Phomne	B.com-I	8459085125	Raginí
39	Bhavika V. Helekar	11th Aut's	8668571127	Holekar
40	Janhavi A. Somwwww	11+MART.S	7249472853	Janhavi

1000 108 12823

#### Nagpur Shikshan Mandal's

Shri Binzani City College

0 3

Umrer Road, Nagpur

	· 12.00	pm.		
Sr. No.	Name of Professor / Participant	Designation	Mob. No.	Signature
41	Monali chuduji salate	A com (11th)	91588602.54	.et_
42	Shravani Katole	A com (11th)	7083882570	@katole.
43	teushali waman phatne	A com (11th)	878822193	2 Atraina
44	Shouti Abant Lanjeuras	A com (11#)	8830838479	Struti
45	Vishakhy Naxondra Ninave	A Com (11 th)	9322833517	Deshakha
46	Brand Rajesh Bokde	A com (11 **)	\$32384046a	free
47	Namya Vijay Zamue	A com (um)	9067087740	Admery.
48	Mahima Kawdusi Bawne	Ast (2th)	7030371194	Mk Bener
In	Litishka mahoi Raetae	A3+ (12H)	7666385976	Litishra
50	Swati Chandeabban thakae	Ast (12th)	8489946724	Swati
51	Damini Dinezh Palne.	A25 (12th)	8767787548	De
52	Alkansta Ravindra Gradekaa	The second second	9322812923	A.R. Lade
53		Con (12th)		General
54	Ameri Alimah Khahmande	Bcom(12th)		T.A.K
55	Junjan manoj Deshmukh		9322350033	
50	Buiya Ravintra sharteaker	Science Diest 199		Brity
57	Actuali A. Kohale	B. com 1 your	3209158224	Ager
58	Saniya .V. Kharkate	Contraction of the second	8624857.50	A A SHER
59	Satishi Nazendza khapekaz			Quebapeta
50	services contact the service and the service of the	A.Com(11+)		gabe

Reikhy 1023

Nagpur Shikshan Mandal's

Shri Binzani City College

Umrer Road, Nagpur

Sr. No.	At 12.00 P Name of Professor / Participant	Designation	Mob. No.	Signature
61	Ruchi D. vishwakarma	11th commerce	988683884	Ruchi
52	Manuati M. Dhurve	012 200 m 1	782859 4996	Mahati
53	Shweta Nemichand Vaidya	11th Commen	9322398171	Shuda N. Ki
64	Samiksha .V. Mangar	11th Commerce	9322795324	Samiksh
55	Samiksha Dhande,	BA IDE	9763040483	Det
66	Pranjali Malthede	BA III Sol	9783050583	Benit
57	Shrubika VI Mboismore	BCCA IStyego	9021716246	Smutily
58	Krian Gi. Prujapubi	BECABTYER	1387109414	Kissen
;g	unashi R. Ghunde.	BCC AUST YPON	7709522692	Churde.
10	Ketki B. Katewag	BLC A year	9370585453	
1	Nandini L. Deshmukh	BCCAI YEar	and the second	Albesnmukh
F2	Aprilya N. Aharag 5	B.A. Yene.		ALIYA
3	Anya U. Chichkhede	BCCAI	9112295819	Arya
74	Ruchika S. Chambhase		8459669051	Bhy
15	Khushi Kakde	BCCA-1 type	9588693256-	Whenty.
6	pushi Jidhe	BCCA-14r.	\$459283762	Bidte
8	- 0	II ang) com)		Aish Datiyo
19	Gungun Grozeki Manto	a (1 14	895799513	
30	Shital Kumar Jondhe		8007161815	Zutaf
31	Storekha mongal londhe	11th commence		anching
2)3	Mayuri D. Khaolse Nilam Ma choudboy	12th com Mue	561198553 0	Banig g

## Nagpur Shikshan Mandal's

## Shri Binzani City College

Umrer Road, Nagpur

	At	12.00 p.		
Sr. No.	Name of Professor / Participant	Designation	Mob. No.	Signature
85	Kajal zonkucose	B.A.185	726997283	to a
22	Khushi H. washik	B.A 1st	9527113632	
Ð	Sweety kamunkan	12th B	8483883710	1
Ð	Phatiksha Kamun Kar	12th D	7721074240	Pratiky
89	Naishnarei Umrechar	12 MA	932575228	Cumrodko
0	Astha R Karne	12+4 A	7020508A	Stully
ŋ	Tanushri Rokde	12th A	8432979667	Deakele
12)	Auguni P. Kodape	BA 3nd Year	7820021234	R. P. backgru
19)	Nandini V. Orejikaor	11th com B	7276693148	andin
99)	AAChal N. Bhane	12th comp	8055039827	and the second states of
95)	Sayali P. Tekade	B.A znelyean	9767984060	policicke
gi.	Shelam Bonaswe	B. A 3 Year	0764817295	R
17)	Jayont Warghane -	B. A. TI yey	75204 ( 000	Savat
18)	Afran sheikh -	B.ATIL Year		D / In CL MC
	Purusa Jadhan -	B.A TTIYE	¥.	Front
(00)	Ashutesh Grupta	BA ITYER		Gupla
1				
	1 all			/
	28 to St	a <sup>07</sup>		(
	230			1

Nagpur Shikshan Mandal's

Sec. a

Shri Binzani City College

Umrer Road, Nagpur

signature ·s riahaka smuluy	Mob. No.	Designation	Name of Professor / Participant	Sr.
2			Hame of Professor / Participant	No.
snipy;	834777.93871	BCCA-Tyton	Aishwaryo, s. Mahakalkar	11
	9067516344	12th yrea	Ancher. R. Kempharke	2)
samiksh	8788356522	B. A TIT year	Samiksha S. Jambhulkar	18)
Laloni	3881670035	12 th	buloni . A. Shendre	99
V. V. Patil.	8055736095	11th com.	Valshnave V. Patit	89)
Sharaf.	9322044964	11+h A	Bhumika V. epharat	0)
contrail as	9373502347	11th A	cherry . Y. Kontmaar	132
Vinita	9373773894	11th B	Vinita M. Mehea	53
vidhi	7666975177	Uth B	Nidhi p. pundey	234
Resha	7057708632	B.AT	Megha chaughale	log
AROUT	8663470363	B.AI		of
Bauhl		12th Aarts		10
	8856915867	BA 2nd	Aastha A. Sontallice	1.1.1.1.1.1
		3	Beildhi	
			28103120	
	7030371194 8856915867	BA 2nd	Vaishbari K. Bewane Aastha A. Sonteilice	1.1.1.1.1.1







#### Shri Binzani City College,

#### Umred Road, Nagpur

Date: 25-08-2023

#### Notice

All the student's of arts and commerce faculty are hereby informed that the drama on "Adult Abuse" under APEX SGD Competition conducting by Department of Psychology. All the interested students enroll their name on or before 28-08-2023 and the drama will be presenting on 07-09-2023.

Time: 11.45am

Venue: College Auditorium

Dept. of Psychology Dr. Alka Kolhe Askalıe . Dr. Vaishali Panhekar K

Principal

S. B. City College

Nagpur

#### SHRI BINZANI CITY COLLEGE, Umrer road, Nagpur Activity Report 2023-24

#### DEPARTMENT OF PSYCHOLOGY

NAN	MEOF
THE	ACTIVITY
-	A CONTRACTOR OF

Drama on Adult Abuse COORDINATOR NAME: Department Psychology & FACULTY DATE Dr. Alka Kolhe Department of Sociology 7th September 2023 Arts NATURE : NUMBER OF TIME VENUE PARTICIPANTS 11.45 am to 12.30 pm INDOOR College Auditorium 44 Dr. Vaishali Panhekar, Dr. Sangeeta Somvanshi, Mr. Pravin Vaidya SUPPORT/ASSISTANCE

#### BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO- )

TOPIC/SUBJECTOF THE ACTIVITY	Drama on Adult Abuse
OBJECTIVES	<ol> <li>To create the awarenss for the subject.</li> <li>To explore the knowledge of acting skill.</li> </ol>
METHODOLOGY	1) Expert session followed by Q/A         2) Fun filled activity based learning         3) Experiancial Learning through visit         4) Field Work         5) Practical/ On the job training         6) Competition /Event Organization         7) Workshop         Other
OUTCOMES	<ol> <li>Students learnt how grandparents are important in their life.</li> <li>They learnt importance of joint family.</li> </ol>

PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1.Notice and	<ol> <li>Students list of</li></ol>	3.Activity	4. Photos	5.Feedback	6.Feedback analysis No
letters Yes	participation Yes	report Yes	Yes	form No	
7.News clip with details Yes	8. Certificate No	9. Any other	10.		

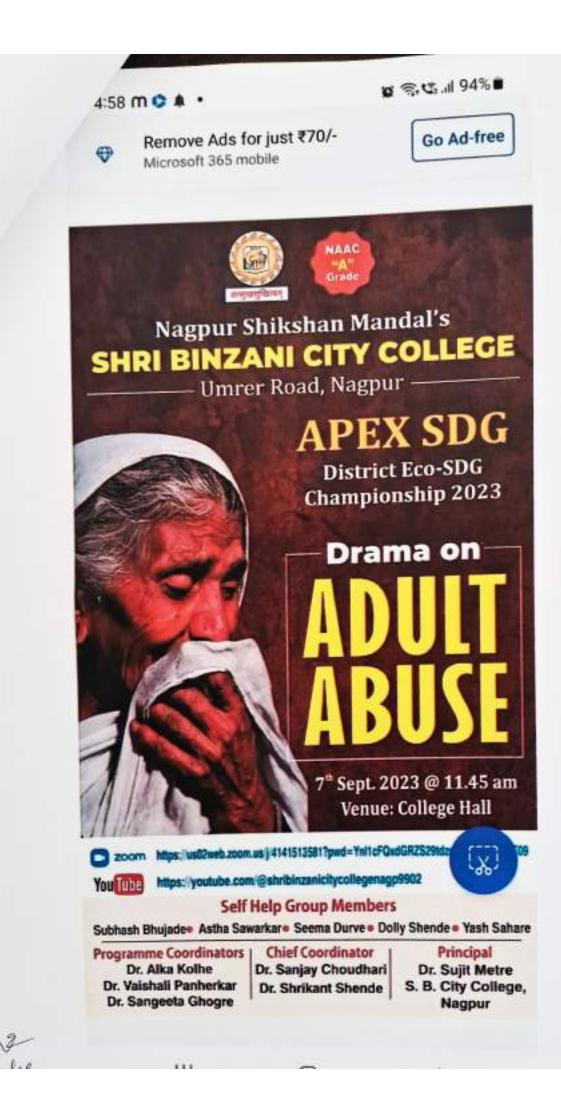
IQAC CELL ACTIVITY NO-

NAME OF THE HEAD/TEACHER	DEPARTMENT	SIGN/SEAL	PRINCIPAL SIGNATURE
Dr. Alka Kolhe Dr. Vaishali Panhekar	Department of Alkaha Psychology	4	100

Principal S. B. City College, Nagpur.

Scanned with ACE Scanner

he.



# Scanned with ACE Scanner



कार्यक्रमाला उपस्थित मान्यवर व विद्यार्थी.

# श्री बिंझाणीनगर महाविद्यालयात 'प्रौढ अत्याचार' नाटकाचे सादरीकरण

#### सकाळ वृत्तसेवा

नागपुर, ता. ९ : भी बिझाणीनगर महाविद्याल्ल्य बोसीओ स्ताध्य एसडीओ जञ्चित्रवनशिष 2028 उपक्रमाञंतर्गत गुरुवारी प्रौढ 1122 अत्याचार नाहिका सादर करण्यात आली. आधुनिक काळात समाजात प्रीढांबर होणारे अत्याचार वाढत असून त्याची परिणिती ही वृद्धाश्रम वाढीत होत आहे. त्यामुळे कुटुंब-व्यवस्था, समाज-व्यवस्था विस्कळीत हात

> प्रका आठा चारूण्यासाठी तरुण जागृत करण्याचा यामागे उद्देश फिमाला श्री बिंझानीनगर

महाविद्यालयाचे प्राचार्य डॉ. सुजित मेत्रे, उपप्राचार्य डॉ. संदीप तुद्रवार उपस्थित होते.

कार्यक्रमात प्रमुख समन्वयक डॉ. श्रीकांत शॅडे, डॉ. संजय बौधरी व मानसशास्त्र विभागाच्या वतीने समन्वयक म्हणून डॉ. अल्का कोल्हे, डॉ. वैशाली पान्हेकर, समाजशास्त्र विभागाच्या डॉ. संगीता घोगरे यांचा सहभाग होता.

नाटकाचे सादरीकरण सुभाव भुजाडे, आयूव गजभिथे, पूर्वा जाधव, संगित जांभुळकर, यश सहारे, स्नेहल हिवरकर, पार्थ बावनकर, ओम कापसे, देवे अजित या विद्यार्थ्यांनी केले.



Scanned with ACE Scanner

# 😫 GPS Map Camera



Nagpur, Maharashtra, India

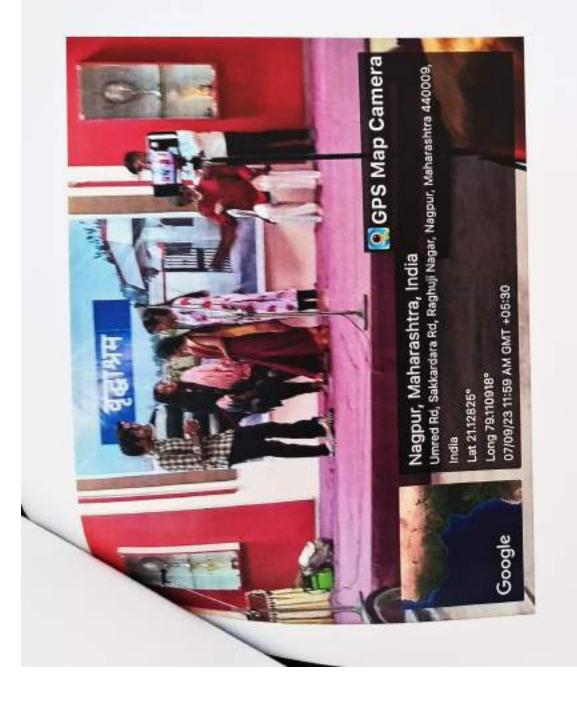
Umred Rd, Sakkardara Rd, Raghuji Nagar, Nagpur, Maharashtra 440009, India

Lat 21.12825°

Long 79.110918°

07/09/23 11:59 AM GMT +05:30

Heele





Scanned with ACE Scanner

Shri Binzani City College Nagpur Shikshan Mandal's

Umrer Road, Nagpur

7

4

ABUSE" SDG DULT Ť NO 0 RAMA SDG APEX

2

LIST OF PARTICIPANTS

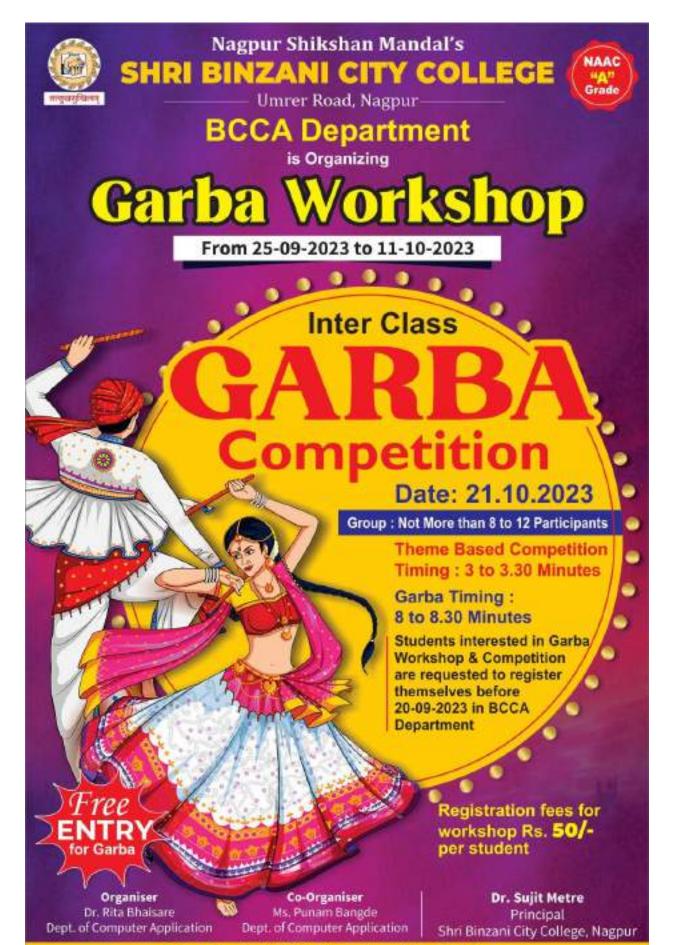
023 74

Champtonsh

			- Bunning
Jm . V. Kapse	73.A st	9284496899	Olapse
27 Devendra Q. Hil	B.A.T	92740241529	Dray it
3] Sahid N. Craturale	R A TSt	Q. A.T.S. 1736550412	I.F.G.
1 Omprovach . Quantre	B.A.T.	B.A.I. Texamor	O. Quarte
1 Kennad . Khi Make	Bd 1 year	Bd 1 yen 9623948797	Henne
EJ Adush murvelede	BA A	27668102BS	Asush
W -JSr	BBATT	1154 18 6644	Ryw-
JICANION M. RUHI	OA Stylens	6A <sup>54</sup> 4m 832939179	Sauleyh-
giltar n hamila	B. OFStme	R. Nr4 130957025	Genth .
I kal	R. P. Sten	8.0 12 Yes 3307570325	Ale.
Shivan U. hu	BH Ist weak	11cans 51511240664	Shires
2	BH Ilear	30/06332.19	Tsuplie
17	BA. Tyeon	8999 416925 ATTATSam	Thotsey
14] Sonika in Rhure	R.A. 240	R.A. 2 year 776 28 15 4.76	
157 yogita . V. kunickar	B.A. IYew	B.A 1 year 1703876 848	& Armietro
167 mithilesh C. Raipande	8.A 2.n 2	8. A 2.1 2 7 4 4 2 4 2 4 2 4 2 4 2 4 2 4 2 4 2 4	d
M Anishn I. Wade	B. Azaddan	B. Azadar 9511620341	Orisha
12 Karlto M. Shahu	Q.A.I.Yem	Q.AI year 3356774352 Routtes	Countys
[13] DOIN 7- Blane LO	B.A.2 Noly	B.A.2 Nelyar Ro 8059470 Dellada	o Dullydiane
25] Payor R. Kothokal	R. R. D. Vec	R. H. D. 400 826281129	1 (Payof-
20 table & Sontwood	8.4 pg	7249472853	o NA
22] Megha & Ghawahans	B. M 7407	B.M Tatt ToSTTOP632	Filenha

## Nagpur Shikshan Mandal's Shri Binzani City College Umrer Road, Nagpur

0. 0	- Name of the Students	Class	Mob. No.	Signature
	shiri Jevaji Maind	BA 184	9822492417	Rohini. Duna
	Pacheina D. Upried	BA 1st	0778430688	Rypred.
6	Injippa R. Kandingika	8913+	9860040195	Querk.
8	Swayam Icale	BALH	866 30 351 40	Sunde
D	Lakshmi Parteki	B.A Ith		Spatteli
9	Saloni S. Samaeth	DAST	8308442789	Selari
2	Rogini P. Kodape	BA II Have	7821004234	REkodape
80	Bhumiker R. Nanutkai	BAIYON	8149221778	June-
	Bharti A. Bahisre	BAJyeon	8767925643 <	Black.
	Anoshka P. Dhote	BAI	9934744199	APDhote
38	Khushi S. Kolhatkiag	B.AI	9579273884	Bushi
构	Johini B. meshgam	BAJ.	826206 811	R
312	nimannu.S. Campe	BATE	930/26494	Hart
	Sonal S. Nannaware	B'AII	982350556	du
35	Tonishe Domke.	BAIL	788798561	Danish
a	Seema M. Dhueve:	B.A II	928421357	3 Ophuere
3	Beeth R. Barrenkes	B.AT	98904875-3	@eth.
Ø	Samilsha S. Jambhullag.		en 878835653	2 Samily
6	) Subjash. N. Bhujade	G.AIT Y	r 7558312505	J.N. Thing
4	) Subinash. N.Bhujade Snehal Gr. Hiwakoro	B-AT yo	8550g11820	SS. Hiverto
			5	EBP.



Please Contact BCCA Department for Any Query

## Shri Binzani City College

# Umrer Road Nagpur. Department Of Computer Application

#### Notice

Dt:08-09-2023

This is to inform you all that BCCA department is Organising inter class competition of "Garba Workshop" from 25-09-23 to 11-10-23 and "Garba Competition" on 21-10-23 Students interested in Garba Workshop & Competition are requested to register themselves before 20-09-23 in BCCA Department.

\*Free entry for Garba Competition.

\*Group:- not more than 8 to 12 participants

\*Theme based competition

\*Registration fees for workshop :Rs. 50/- per Student

Please contact BCCA Department for any query.

Organiser

Principal

Dr.Rita Bhaisare
Ms.Punam Bangde
Dept. of Computer Application

Dr.Sujit Metre Shri Binzani City College

#### SHRI BINZANI CITY COLLEGE, Umrer road, Nagpur Activity Report 2023-24 Department Of Computer Application "Garba Workshop & Competition"

NAME OF ACTIVITY DATE	"Garba Workshop & Competition"				
25-9-23 to 11-10-23(workshap)	FACULTY	DEPARTMENT	COORDINATOR		
21-10-23 (Competition) TIME	Commerce	BCCA	Mrs. Mona Chandak		
9:30 am to 12:30	VENUE	NUMBER OF PARTICIPANTS (Workshop & Competition)	NATURE : INDOOR		
	SB CITY COLLEGE	29+36=65	INDOOR		
SUPPORT/ASSISTANCE(Name)	Mrs.Mona Char	ndak , Ms.Pooja Jaiswal			

# BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO - )

TOPIC/SUBJECTOF THE ACTIVITY	" Garba Workshop & Competition "
OBJECTIVES	<ol> <li>Students co-ordinate with each others to achieve success</li> <li>To makes team building spirit</li> <li>To cultivate religious thinking for entertainment purpose</li> </ol>
METHODOLOGY	Physical Activity
OUTCOMES	<ul> <li>Students are able to know about</li> <li>1) obtain team building spirit.</li> <li>2) teacher thought garba dance to students and collected Rs.50 from each students.</li> <li>3) the amount of Rs.50 Collected from students and collected amount Purchased the tonner(printer ink) and, donate the "Home for Aged and Handicapped, Unthkhana Nagpur.</li> <li>4) it increases the level of confidence and also learned how to co-operate and work with people in different condition</li> </ul>

# PROOF & DOCUMENTS ATTACHED (Tick

1.Notice and	2. Students list of	D (TICK m	ark the pro	oofs attached):	
letters √	participation √	3.Activit y report	4. Photos	5.Feedback form	6.Feedback analysis
7.News clip with details	8. Certificate ✓	9. Any other	N 10.		

## IQAC CELL ACTIVITY NO-

HEAD/TEACHER	NAME OF THE DEPARTMENT	IQAC COORDINATOR SIGN/SEAL	PRINCIPAL SIGNATURE
Dr. Rita Bhaisare Brof. Punam Bangde TSJL	BCCA	Co-Ordinato I.Q.A.C. B. City College, Nagp	pr Dr

#### Shri Binzani City College, Umrer Road,Nagpur

#### Garba Workshop & Competition

Inter Collegiate "Garba Workshop & Competition" was organized by the Department of Computer Application of Shri Binzani City College Nagpur, Organized 15 days "Garba Workshop" on 25/09/2023 to 11/10/2023 and followed by "Garba Competition" on 21 Oct 2023.

The auspicious occasion of **Navratri**, the girls & boys in the traditional costumes performed attractive and enchanting dance with the tinkling of Garba.

The instructor Mrs. Neelima Salodkar thought Garba dance to students.

The amount of Rs.50 Collected from students and collected amount donate the "Home for aged and Handicapped,Unthkhana Nagpur.

Dr.Sujit Metre principal of the Shri Binzani City College Nagpur presides over function.

Competition was judged by the renowned guest Mrs. Shital Sarda and Apurva Heda.

Adi Shakti Group of S.B.City College bagged the first prize while Swaggers Group of S.B. City College stood second prize.

**Priyanshu Jaiswal** the student of M.A.II (English) were the **"Garba King "** and **Tanushree Kaware** the student of B.Com were**" Garba Queen"** respectively.

The event was conducted by Dr. Rita Bhaisare & Assit. Director Ms Punam Bangde

Mrs Mona Chandak & Ms Pooja Jaiswal took the efforts for making the program successful.





# श्री बिंझाणीनगर महाविद्यालय



नागपूर : नागपूर शिक्षण मंडळाद्वारे संचालित श्री बिंझाणी नगर महाविद्यालयात गरबा कार्यशाळा व स्पर्धा आयोजित करण्यात आली होती. महाविद्यालयाचे प्राचार्य डॉ. सुजित मेन्ने हे अध्यक्ष होते. तर शितल सारडा व अपूर्वा हेडा हे प्रमुख अतिथी होते. स्पर्धेत प्रियांशू जैस्वालने गरबा किंग, तनुश्री कावरे हिने गरबा क्विनचा पुरस्कार पटकाविला. स्पर्धेत प्रथम पुरस्कार दाणी ग्रुपने पटकाविला. द्वितीय स्वागर्स ग्रुपने पटकाविला. स्पर्धेत समन्वयक डॉ. रीता भैसारे होत्या. स्पर्धेच्या आयोजनात प्रा. पूनम बांगडे, प्रा. मोना चांडक, पूजा जैस्वाल यांचे योगदान होते.

> Hello Nagpur Page No. 2 Nov 08, 2023 Powered by: erelego.com





Shri Binzani City College

Department of Computer Application

Garba Group Competition list (21-10-23)

#### Group No 1.

Group Name : Swaggers Garba Group

Song : Mashup ( gujrati&bollywood )

#### M.A.( English)

Sr.No.	Student Name	Mobile no.
1)	Meghna Moon	7666017967
2)	Shweta Naneatkar	8767484583
3)	Mamtashahu	8999592687
4)	Priyanshujaiswa	7276551277
5)	Kajalsahare	9011248397
6)	MinalBageshwar	7219020645
7)	Urvi Deshpande	8605664660

#### Group No.2

#### **ROCK & ROLL GARBA GROUP**

#### B.COM 1 &3 YEAR

Sr.No.	Student Name	Mobile no.
1)	Shruti wanjar	7448262490
2)	Falguni Renke	8408035831
3)	Prerna sourkure.	9158775224
4)	Tanushree kaware	9371052835
5)	Kanishka inkane	95189442264
6)	Pragati rukhane	8788862798
7)	Rohit Askar.	9175129814
8)	Ritesh nakade	9922362246
9)	Ritesh dangre	7350413782
10)	Sahil Prasad	9552987220
11)	Vaibhavi ingle	9579851301
12)	Anshuli belpade	7350413782
13)	Pradnya karpate	8806562315

## Group No.3

#### Group Name:- Adi Shakti Group

#### BCCA

Sr. no.	Student name	Mobile no.
1.	Akanksha Chaudhari	8265004996
2.	Pranjali savwashare	9545554752
3.	Pranjali malode	8483039031
4.	Prachi bedhare	9373692134
5.	Ruchika chambhare	8459669057
6.	Arya chickhede	9112295819
7.	Janvi dharne	9325562468
8.	Shrutika mhaismare	9021716246
9.	Vaishanavi patne	8767787548\7745843912
10.	Priyanshi rahangdale	7879063529
11.	Shantanu lichade	9699591673
12.	Prashika meshram	7875169049
13.	Nitesh banait	9960550031
14.	Abhijeet shende	9822252593
15.	Komal lende	9975266760
16.	Komal phandhare	7499283411

S. B. CITY COLLEGE

Umrer Road, Nagpur

## Activity Report 2023-24

#### NATIONAL SERVICE SCHEME

Date	Faculty	: ADULT ABUSE AWARE Department / Committee	Coordinator Name
21 <sup>st</sup> Sept. 2023	N. S. S.	National Service Scheme (NSS)	Dr. Rajendra Naikwade
Time	Venue	Number of Participations	Nature : Outdoor/Indoor
Morning_ Assistance (Name)	College NeasAnd	50 e-SPG: Prigoanme	Indoor
Assistance (Name)	Dist, EQ	-SPG. Programme	

#### BRIEF INFORAMTION ABOUT THE ACTIVITY (CRITERION NO. VII)

TOPIC / SUBJECT OF THE ACTIVITY	Adult Abuse Awareness Rally	
OBJECTIVES	<ol> <li>Working as a Social Service &amp; Social Commitment.</li> <li>Working for Students overall personality Development.</li> <li>For the Nation Building and National Values.</li> </ol>	
METHODOLOGY	Activity Based, Working Based, Together Based	
OUTCOMES	<ol> <li>Developed Students Personality</li> <li>Awareness about Social Responsibility</li> <li>Awareness about National Character and Responsibility.</li> </ol>	

## PROOF & DOCUMENTS ATTACHED (Tick mark the proofs attached):

13. Notice and letters	14. Students list of participation	15. Activity report	16.Photos	17. Feed back form	18. Feedback analysis
19. News clip with details	20. Certificate	21. Any other			

#### IOAC CELL ACTIVITY NO.

500

1

1

-33

3

3

3

3

-9

-

0

-

Name of the Head/Teacher	Name of the Department	IQAC Coordinator Sign/Seal	Principal Sign.
Dr. Rajendra Naikwade	National Service Scheme (NSS)		
Sator			13-267
Flogram Officer tional Service Scheme- th Binzani City College,			

# Adult Abuse Awareness Rally

District Eco-SDG Championship 2023 अंतर्गत महाविद्यालयाच्या एन.एस.एस. विभागातर्फे दिनांक 21.09.2023 ला सकाळी 10.00 वाजता The abuse of older people (Adult Abuse) या विषयावर रॅली चे यशस्वीपणे आयोजन करण्यात आले. सकाळी 10.00 वाजता महाविद्यालय परिसरातून निघून ही जनजागृती यात्रा नजीकच्या परिसरातून फिरून महाविद्यालयात परत आली.

सदर रॅलीसाठी विद्यार्थ्यांनी घोषवाक्ये लिहिलेले फलक स्वतः तयार करून रॅलीत सहभाग घेतला. ५० च्या वर एन.एस.एस. स्वयंसेवक आणि महाविद्यालयीन विद्यार्थी आणि प्राध्यापक वर्ग मोठ्या संख्येत या मिरवणुकीत सहभागी झाले होते.



	USE AWARENESS Rally	/
29 राखेंबर २	०२३ : त्रेकक ु उपरियो मुन्द्राध्रह्म	f
CTI d	वन्नायक्रम-	-स्वाम्नरी
Ibhash. N. Bhvjade	B.ATTI YY	S. N Thijady
arosh A M 11 11	B. com I dyz	aggest.
Shupini & Ghanla	B. A2nd yeen	Shinde .
halguni Screve	B. ARAd year	Jalguri
iskan Parcheshwar	B.A and yr 6	plande
miksha ()hande	BAIL 7	Stab
hini N. Make	B.com II.year	- Ryules
Eshna M. Wakde	B. COM Dyear	Reakde
iti Rahungdale	B. Com IT Year	A. Rohangolale.
anlog Corrybhe	B. com A year	Rush
uslaun lauraishee	B. com A year,	AL
Jamin'i Barheshyar	B. CODIATOYT	Doning
nishti M. Dandekar	M. com J. year	Splandekor
ijates Grudade	M. com Jyeur	Happthe
sepa P Grupta	Mp yst year	Out .
anashri R. Thakare	B. Com Illyear	ZATherkare
Lishanvi N. Maski	-th J	Allang
Sa. S. Randike	MAJEgen	Payandres
Dati v. vaidya	B. com . III " yea	r s.valdyg
havna R. Nindekar		
Sraddha shendre	···· 141	
achance warafade		Rufelave
ayant warghane	B.Asrd	Dayal -
yjong. mohedikcer	B. com III ry	Jenjenn
Jal . S. Anantwar	B.com final year	Depot

H

10		(printer)
ti vaidya	B. com III'd yr	9552455005
Joya V. Jende	B. Com 3rd year	7410743347
sta R.Singare	B. Com 3 dyeat	8766957385
Ja R. Windelau	B. com 3 year	7057468856
ssha S. Kshirsagar		9322 900579
stri. B. shahu .	Gram Brd year	866.90 98181
Ja. B. kale	B. Com 33d year	7498278371
la s. Dunedar	B. com and year	7-6
i v mangre	G. com 2nd year	84465H1037
bavi. U. Atkan	B. com and year	8446171566
JAKTA R. BENDRE		7219450947
Shnavi & vaidya	B. com 2nd year	+ 9527876081
yakta S Graidheu	ne B com 2nd year	8975007729
Soun - A. Ratil	M. A Ind years	
si M. Umdle	B.A 2rd years	
	A. com Ind year	3545190109
y kale Wari. T. Bhoyar	M.A 2setmas	
" n cillhanshoddu	one m. A (more) 2 gear	9370885630
Acsha M. Geradleer	1 BLOOD III ad YI	9527435428 8010459237
Jisha M. Giradkar ishnavi N. Maski	G. Com III yr	1100 00 000 1-
inashor K. manas		
	the second second second	9392635443 Indyr 808716123
Damini K. 1	Baheshwar B. (ON II legraishere B.(Or	110 12 008 10120 10 120 10 10 10 10 10 10 10 10 10 10 10 10 10
Muskan W.	kyraishee B.Cor	121011 05 111010
Schita A. Nannau	oone M.A.2 101	1300110000
I Ja M. Parolhi	B. com III	
Sal Gr. Pazze		Jear 1030268338
I wild k. doshkar	B.A. II YE	par 8600778217
milesnic Ballan	be BAII4	can 8767920925
3		A STATE OF A

